



1015 McCausland Ave. St. Louis, MO 63117
314.781.5050 www.pilatesyogastudio.com

New Student Form - 2013

Release of Liability: In signing below, I agree that Pilates +, LLC is in no way responsible for the safekeeping of my personal belongings while I attend class. I understand that classes at Pilates +, LLC may be physically strenuous and I voluntarily participate in them with full knowledge that there is risk of personal injury, property loss, or death. I agree that neither, I, my heirs, assigned or legal representatives will sue or make any other claims of any kind whatsoever against Pilates +, LLC or its members for any personal injury, property damage/loss, or wrongful death, whether caused by negligence or otherwise. Pilates + has a 24-hour cancellation policy. Reservations and appointments cancelled with less than 24 hours notice will result in a charge to the client for the full cost of the session.

Release of Liability – Signature: _____ Date: ____/____/____

Please PRINT legibly.

First Name: _____ Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell Phone: (____) _____ Home Phone: (____) _____

Work Phone: (____) _____ Ext. _____

Birth date: ____/____/____ Email address: _____
mm dd yyyy

Emergency Contact

Name: _____ Relation: _____ Phone #: (____) _____

1. How you heard about us? _____

2. What are your interests? Please number from 1-6:
 ____ Pilates ____ Yoga ____ Zumba
 ____ Nia ____ Cardio ____ Total Body Conditioning

3. What would you like to see offered at our studio that isn't already on the schedule?

4. What is the ideal time for you to workout? _____

5. What studio/gym do you currently visit most often? Location?

Group Class Instructor Approval

_____/_____/_____
 Approved Class Date Approved

 Instructor Signature

_____/_____/_____
 Approved Class Date Approved

 Instructor Signature

_____/_____/_____
 Approved Class Date Approved

 Instructor Signature

For Office Use Only

Entered in Mindbody: _____ Health Form: _____ First Class Attended: _____ Postcard Sent: _____